



Third Annual Natural Medicine Symposium

“Bridging the Gap: Nature and Chemistry”

Sponsored by SUNY Canton, the NNY Section of the American Chemical Society, Nature's Storehouse, and the Potsdam Food Co-op

Time: Saturday, April 13th, 2019 (10:30 am to 3:30 pm)

Where: SUNY Canton, Payson 219, Canton, NY



Symposium Schedule

10:30 am Welcoming Notes

Part One: Michael B. Burgess, PhD, Biology Faculty, SUNY Plattsburgh

10:45 am Lecture: “Ancient Remedies in the Modern World”

11:30 am Activity: Plant walk! (In case of rain, indoor plant ID lesson)

12:30 pm **Lunch Break (\$5 at Chaney, bring your own, or go out)**

1:30 pm Natural medicine trivia game with prizes

Part Two: Ryan Bradley, ND, MPH, Helfgott Research Institute, NUNM

1:45 pm Lecture: “Glutathione: A Small Molecule but a Big Deal for Health”

2:45 pm Activity: Taste-testing Glutathione-rich Smoothies and Foods!

3:30 pm Final Remarks & Adjourn