



Northern NY Local Section Natural Medicine Symposium

"Bridging the Gap: Nature and Chemistry"

Time: Saturday, March 25, 2017 (10:20 am to 3:15 pm)

Where: SUNY Canton, Cook Hall, Canton, NY

Symposium Schedule

10:20 am Welcoming Notes (Refreshments)

Part One: 7Song, Ithaca Free Clinic

10:30 am "Community Herbalist", learn about the experiences and work of an expert on northeast botanical medicines.

11:30 am Community medicine making activity: willow tree tincture.

12:30 pm Coffee Break (Refreshments)

1:00 pm Natural medicine trivia game with prizes (ACS membership, herbal tea or essential oil).

Part Two: Tom Huber and Cheryl Joyce, Paul Smith's College

- **1:30 pm** "Myco Medicinals", learn about the medicinal properties of varietal mushrooms, and sample mushroom tisanes.
- **2:30 pm** Lab experiment: Explore the antioxidant properties of varietal mushroom extractions.
- **3:00 pm** Final Remarks & Poster Awards of two ACS blankets of the Periodic Table and two one-year ACS memberships Adjourn